



## Nutrition Counseling

- [Visit Eat, Drink, and See Mary](#)  
Dunmore & Jermyn, PA: Mary Klem, MS, RD, CSO, LDN  
Provides nutrition counseling at two office locations and will provide you with a personalized, common sense approach to understanding your nutritional needs. Learn more at [www.eatdrinkandseemary.com](http://www.eatdrinkandseemary.com) and 570-254-6495 or 570-983-3761.
- [Amy Cartwright, Registered Dietitian](#)  
ONLINE & Hazleton, PA: Amy Cartwright, MS, RD, LDN  
Offers individual consultations, group consultations, and an online Weight Management Program through Real Living Nutrition. She also specializes in bariatric nutrition. [www.amycrd.com](http://www.amycrd.com)
- Peckville, PA: Lindsay Leventhal, MS, RD, CDE, LDN provides nutrition counseling for general healthy eating, weight control, and diabetes. Appointments may be made by calling: 570-489-3850.
- Wilkes-Barre, PA: Clancy Cash Harrison MS, RD, LDN of Healthy Living Lifestyle offers nutrition consultation for disease management, weight loss, pediatric nutrition, maternal health, and defensive eating at the Wilkes-Barre YMCA. Appointments can be made by calling: 570-881-0683.