



**NorthEast Dietetic
Association
Newsletter**

November 2006

MESSAGE FROM THE PRESIDENT

Maureen Dunne-Touhey, MS, RD, LDN

DunneTouhey@marywood.edu



I see the main objectives of the NEDA are to promote the profession of dietetics and to assist members in maintaining their credibility as Registered Dietitians and Dietetic Technicians through life-long learning. The board members and I have been actively working on achieving these objectives. But first let me address some of the changes that have occurred since the last newsletter.

The NEDA is aware of the need to change with the rapidly changing technology. With the increasing use of the Internet for information, it is fiscally responsible to phase out the NEDA's Dietitian Referral Network (telephone hotline). This underutilized service has been costing the NEDA over \$300.00 a year. The same information on the hotline can be accessed on the Association's web site. Speaking of the web site, I hope to have the site updated to reflect the current board members and its activities as soon as possible.

Mary Ehret and Martha Wright have been extremely busy in planning a seminar, providing a low cost method of maintaining your registration and keeping you current

with the state of nutrition knowledge. They have planned a novel seminar addressing the current issues affecting our members. I hope to see you at Hazleton General Hospital on November 9! Another continuing education opportunity proposed by April Rudat is a Lactation Workshop in March. Look for more about that during the next few months. Lastly, I encourage you to use our CD Lending Library, which consists of educational sessions held at the last two FNCE meetings. Information on the CD Lending Library is in this newsletter on pages 6 - 8.

Marianne Cerimele (PR Chair) is ensuring that you, your fellow RD, and the public are aware of these activities. Other ways in which the public can be aware of our existence and expertise is by having RDs/DTRs in the NE PA region be acknowledged by the ADA with the various awards available. Therefore, please respond to Mary Babcock's Request for Nominations on page 4!

Regarding the Request for Nominations, I would like to propose changing the long-standing philosophy of the NEDA of *only* nominating members of the NEDA. Whether a NEDA member or not, any RD/DTR in our area may be nominated for awards. In this way, we can widen the pool of qualified dietetic professionals to demonstrate our value and encourage more RDs to be involved with the NEDA. Of course, the only individuals who are eligible for these awards will need to be members of the ADA.

As you can see, the board is busy working for you. Come join us at the next board meeting and share in our enthusiasm. The next meeting will be our Holiday Meeting in December. Once plans have been finalized, I will send all members a notice.

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Register NOW for the NEDA Nutrition Update 2006

Thursday, November 9, 2006

Hazleton General Hospital

Topics Include:

- Legislature Update with Jamie Cimochoowski, RD, NEDA Legislation/Licensure Chair
- "Building Cultural Competencies" with Dr. Patreese Ingram of Penn State University, College of Agricultural Sciences
- "Nutrition and Chronic Renal Disease" with Lisa Wolk, RD, LDN
- "Diet Therapy for Multicultural Audiences" with Denise Fernandes, Registration Eligible, Rhode Island Department of Health

Location:

Hazleton General Hospital
 The Office and Education Building (O & E)
 1st Floor Living Room
 700 East Broad St.
 Hazleton, PA

Cost of Meeting (including lunch):

NEDA Member: \$35.00
 Non-NEDA Member: \$55.00
 Student: \$10.00
 Non-ADA Subscriber: \$55.00

** NEDA annual dues of \$25.00 may be remitted along with registration fee for this program.*

Application has been made for 5 CPE for RDs and DTRs! Lunch Included!

Register now! Forms and payment are due by November 3 and should be sent to Mary R. Ehret at 345 Overbrook Rd., Dallas, PA 18612.

Job Corner

- ✍ Part-time clinical RD position available IMMEDIATELY at Brookmont Health Care Center in Effort, PA. Call 610-681-4070 or email brookmontjobs@epix.net for more information.
- ✍ There are many positions available on PADA's website: www.eatrightpa.org
- ✍ Check out ADA's Career Link site at: www.ADACareerLink.org

NEDA Board of Directors 2006 - 2007

Maureen Dunne-Touhey	President
Open	President-elect
Carol Kneier	Past-President / Policy & Procedures
Jennifer Grab	Secretary
Carol Brennan	Treasurer
Mary Babcock	Nominating-Chair
Open	Nominating-Chair-elect
Mary Ehret	Professional Education-Chair
Martha Wright	Professional Education-Chair-elect
Jaime Cimochoowski	Legislation / Licensure Chair
Marianne Cerimele	Public Relations / NNM Chair
Stacy Coolbaugh	Membership Chair
Maureen Krisa-Kurey	R.D. Referral Network
Ann McKenna	Career Guidance / Job Referral
Tanya Papura	Nutrition Student Liaison
Jennifer Baumann	Webmaster
Roberta Cammer	Historian
April Rudat	Newsletter Editor

NEW MEMBER SPOTLIGHT

Meet New Member Jaime Cimochowski, RD!



Jaime has recently become an RD, and she is a lifelong resident of Dunmore. Jaime earned her undergraduate degree in Nutrition from Penn State, completed her dietetic internship from Marywood University in May 2006, and is one class and one thesis away from her Master's Degree from Marywood!

Jaime is working as a graduate assistant at Marywood. Jaime also works with the Institute of Health and Wellness doing grant work and program development, as an RD for Valley Crest Nursing and Rehab in Plains Township, and as a weight management consultant.

Jaime is the legislative chair for the NEDA, and she can be reached via email at: jmecimo@yahoo.com

MEMBERS IN THE NEWS

- ◆ Martha A. Wright RD, LDN writes a column for the "Good Times" Newspaper and just completed her 23rd article!
- ◆ Kim Segiel, RD, LDN appeared on News Watch 16 and spoke with poise and professionalism about spinach safety during the spinach/e-coli scare.
- ◆ Theresa Kevak, MS, RD, LDN, Manger of Food Service at Geisinger Wyoming Valley, is remodeling her whole cafeteria! Theresa's Food Service Dept. is one of few that are still self-operated; and with Geisinger just purchasing Mercy in Wilkes-Barre, she will be managing the complete operation!
- ◆ "The Citizen's Voice" Newspaper recently welcomed Marie Ratchford-Demkosky, MS, RD, LDN to Wyoming Valley Healthcare System's Diabetes Management Center in a beautifully written article with a photo!

*Contact April Rudat, Newsletter Editor, at april82501@adelphia.net to provide "News" about NEDA Members! Include personal & professional accomplishments!

We Want YOU! Request for Nominations

PADA Award Nominations

1. Nominations are needed for Recognized Dietetic Technician of the Year
2. Nominations for Outstanding Dietetics Educator of the Year:
 - Mary Ehret, MS, RD, LDN
 - Teresa Kevack, MS, RD, LDN
 - Stephanie Minkoff, MS, RD, LDN
3. Nomination for Outstanding Dietetics Student:
 - Jacqueline McKenna
4. Nomination for Recognized Young Dietitian of the Year:
 - Jennifer Grab, RD, LDN

Please submit nominations to Carol Folk: carolfolk@yahoo.com
or Mary Babcock: marybabcock@usnetway.com

NEDA Open Offices

- President Elect – Current, President-Elect, & Nominating Chair-Elect

PADA Open Offices

- Open for Nominations: Secretary & President-Elect
- Appointed Chairs: Legislation, Licensure, Membership, Recruitment, Public Relations, Newsletter, & Career Guidance



Please add these new members to your NEDA Directory!

Cimochowski, Jamie RD
1625 N. Webster Ave.
Dunmore, PA 18509
H 499-7301

jmecimo@yahoo.com

Dietitian
Belle Reve
404 East Harford St.
Milford, PA 18337

Michalyshin, Beth
8 Parkview Drive
Tresckow, PA 18254
H 495-1065

Bethy_02@hotmail.com

Montross, Paola MS, RD, LDN
38 Montross Lane
Tunkhannock, PA 18657
H 836-3784

paolamontross@yahoo.com

Clinical Dietitian
VA Medical Center
1111 East End Boulevard
Wilkes-Barre, PA 18711
W 824-3521
WF 819-5182

Paola.montross@med.va.gov

LEGISLATION AND LICENSURE NEWS

By Jaime Cimochofski, RD, NEDA Legislative Chair (jmecimo@yahoo.com)

Ryan White CARE Act

The Ryan White Care Act (RWCA) was approved by a vote of 38-10 as a draft bill to reauthorize the RWCA. The bill was approved by the Energy and Commerce Committee and includes Medical Nutrition Therapy (MNT) to the list of core medical services that must be provided to clients served by Ryan White programs. HR 6143, the bill to reauthorize the RWCA, passed the House. The bill requires that funding be limited to only core medical services, related support services, and administrative expenses.

Gestational Diabetes Bill Introduced in the Senate

Sens. Hillary Rodham Clinton (D-NY) and Susan Collins (R-ME) introduced the Gestational Diabetes Act, S. 3914, which aims to increase understanding of the factors that contribute to gestational diabetes and helps mothers who develop gestational diabetes to reduce their risk of it progressing to Type 2 diabetes mellitus. ADA is among 14 national organizations that have announced support for the bill. A companion bill, HR 6147, has been introduced in the House by Reps. Vito Fossella (R-NY) and Eliot Engel (D-NY).

Older Americans Act Reauthorization Passes House

The House passed HR 6197 to reauthorize the Older Americans Act (OAA). The bill is scheduled to be considered in the Senate at any time and should pass by unanimous consent. The OAA is the chief federal law governing the organization and delivers a number of social services for older Americans.

FROM OUR ADA DELEGATE

By Marie Kamp, MBA, RD, LDN (myk2@psu.edu)

The House of Delegates (HOD) met in Hawaii September 15 & 16 prior to FNCE. It was the first time the 50th State hosted the event. The HOD discussed, debated, and deliberated three major points.

Nutrition Care Process and Model (NCPM)

The HOD unanimously adopted a standardized Nutrition Care Process and Model (NCPM) in 2003. It was designed to ensure that nutrition care provided by RDs and DTRs is optimal and measurable through its focus on individual patient, client, or group needs, as well as for consistency, documentation, standardized language and use of current and best science. It was projected that full implementation would be a ten year process. However, three years into the process, the implementation of the NCPM across the spectrum of dietetics practice settings has been slow. We are trying to get the word out about NCPM. There are several resources to assist you in this endeavor available on the ADA web page. Also, be sure to let your delegate know if you need any assistance.

Governance

The HOD approved changes to the composition of the House and the method for conducting business in October 2000. Sufficient time has passed for the Association to embrace the current governance structure. Several ideas were discussed, and more were added as discussion progressed. Consensus was not reached so more work will be needed.

Student Member Dues Increase

The ADA Board of Directors recommended changing the current dues structure for students, who have not experienced an increase since 2000. Student member benefits have continued to expand without any increase to the current dues level. The HOD discussed this issue and recommended the dues increase.

CONTINUING EDUCATION OPPORTUNITIES

1. November 9, 2007: NEDA Seminar! Topics include a PA Legislation/Licensure Update, Building Cultural Competencies, Nutrition and Chronic Renal Disease, and Diet Therapy for Multicultural Audiences. Register NOW! 5 CPE for a NOMINAL FEE!
2. Borrow from the New NEDA FNCE CD-ROM Lending Library for 1.5 credits per FNCE session! See the next 3 pages of the newsletter for information on obtaining the CD-ROMs! (Note: Three listeners must be present when listening to FNCE CD-ROMs.)
3. February 22-24, 2007: Contemporary Forums will be holding the Obesity Treatment and Prevention National Conference in New York City. For more information: www.cforums.com or 1-800-377-7707
4. March 7-8, 2007: Lactation Education Seminar sponsored by The State WIC Dept. and NEDA. Earn 10 CPEUs for only a NOMINAL FEE!
5. The Commission on Dietetic Registration (CDR) invites you to apply for Board Certification as a Specialist in Gerontological Nutrition. For more information, visit: <http://www.cdrnet.org/whatsnew/Gerontological.htm>
6. Popular past teleseminars are still available as audio events for group learning. CPEs are available for an additional processing fee. Check out what's available at: http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/education_6925_ENU_HTML.htm

FREE CONTINUING EDUCATION OPPORTUNITIES

1. Earn up to 3 FREE CEUs for reviewing "My Pyramid" materials! No test included! Visit: <http://www.cnpp.usda.gov/CPEcredits.htm>
2. ADA members may earn FREE CPE credits with these self-study opportunities that have been extended to December 31, 2006! One hour of CPE is available with each of these self-studies. Visit: http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/education_3876_ENU_HTML.htm
3. Remember, reading your *Journal of the American Dietetic Association* provides FREE CPE also!
4. FREE CDR-approved CPE at:
 - www.hi-r-ed.org
 - www.rosslearningcenter.com

ADA's Public Policy Workshop

April 23-25, 2007

Renaissance Hotel ♦ Washington, D.C.

ADA's Public Policy Workshop is the association's premier advocacy and grassroots training meeting and is recommended for all members.

Here is your opportunity to champion nutrition by discussing ADA's priority issues with Representatives and Senators!

For more information, visit: www.eatright.org
Or contact the Government Relations team at our Washington DC office: 1-800-877-0877.

Mark Your Calendar for the Next ADA Food and Nutrition Conference & Expo!

**FNCE 2007 ♦ Philadelphia
September 29 – October 2, 2007**

- ♦ Attend workshops and sessions based on the latest research and trends!
- ♦ Network with old and new friends at special events!
- ♦ Check out the Expo trade floor with samples of educational materials, new products, and food!
- ♦ Earn CPE in a fun and exciting environment!

Save a Tree...

And Save PADA some GREEN!

Consider receiving your next issue of the **PADA Newsletter** via EMAIL:

- ▶ Receive the issue FASTER as an email!
- ▶ Help reduce PADA printing/postage costs.
- ▶ Save your favorite articles for later use!

If you would like to make the switch, please email your request to Holly Renner of Wanner Associates at:

Holly@wannerassoc.com

Also, join the PADA Listserv for FREE:

<http://www.eatrightpa.org/members/listserv.htm>

FOR RENT: 2005 & 2006 FNCE CD ROMS!

Couldn't make it to FNCE this or last year? Need credits??

- ▶ Gather together 3 or more RDs &/or DTRs and rent out the 2005 or 2006* FNCE CD ROMs for 1.5 credits per session!
- ▶ Continuing education topics appear on the next two pages of this newsletter (pages 7-8.)

Policy and Procedures of the FNCE CD ROM Lending Library:

1. The CDs will be distributed at NEDA Board meetings each month.
2. At each meeting, members who wish to borrow a CD must complete a lender form providing their name, telephone number, email address, and the name of the CD they wish to borrow (2005 or 2006, and which DAY). This information will also be kept on a spreadsheet by the person holding the CDs and will include the date the CD was borrowed and the date it needs to be returned.
3. For each CD borrowed, NEDA members must provide a \$5.00 **refundable** deposit to either Mary Ehret or Maureen Dunne-Touhey. *This deposit is non-refundable for non-NEDA members.*
4. The borrower can maintain possession of the CD for not more than 30 days or by the next board meeting.
5. A list of the CDs with the educational sessions that are available on each will be distributed to the Board and NEDA members through the newsletter and web site.
6. If someone would like to request a particular CD, they can do so at the meeting or by emailing an NEDA board member before the meeting.

* Not yet available

- ▶ Below is the "Group Listening Form" that each "listener" needs to complete. Send the completed form along with a **\$10.00 check (for ADA members) and \$20.00 (Non-ADA members)** to the ADA to obtain credits. Obtaining credits (1.5 per session) is the "listeners" responsibility.

American Dietetic Association – Official Certificate of Participation for Portfolio Continuing Professional Education Instructions for FNCE audio approval for GROUP listening

- 1.5 hours of CPE can be obtained by dietetics professionals (RD, DTR) by completing this form with processing fee to ADA. You will then receive an official Certificate of Participation from ADA as the accredited provider. This Certificate will be recognized by CDR for Portfolio approval.

Title of FNCE audio CD _____
Listened on (date) _____ Listened with a group of (#) _____ dietetic/allied health professionals (3 or more required)
Name (print) _____ ADA/CDR number _____ ADA Member__ yes__ no
Mailing Address _____
Phone () _____ Fax () _____ Email _____

- a) Purchase and listen to audiotape/audio CD with a group of **3 or more practitioners**
- b) **ADA members** - Send check or money order for **\$10** per each member and each audio payable to **American Dietetic Association**. Mail to: American Dietetic Association, Professional Development Team, Attn: Audio CPE, 120 S. Riverside Plaza-Suite 2000, Chicago, IL 60606
- c) **Non-ADA member dietetic professionals** – send check or money order for **\$20**, as above
- d) Complete the following credit card information and FAX to 312-899-0008, Attention: Professional Development or mail as above.

Name on credit card _____

<input type="checkbox"/> Mastercard <input type="checkbox"/> AmEx <input type="checkbox"/> Visa	Credit card number _____	Expiration Date _____
--	-----------------------------	--------------------------

I authorize this credit card to be billed \$10.00 or \$20.00 (US) by the American Dietetic Association.

Signature of authorization _____ Date _____

Once payment is received and cleared, The American Dietetic Association will forward individual Certificate of Participation to listener. This Certificate of Participation must be kept by those members involved in the Professional Development Portfolio process or must be sent to CDR with your subsequent approval form. **Your participation in this FNCE audio CPE Listen and Learn cannot be verified by ADA unless processed as listed above.**

2005 FNCE TOPICS

'05 DAY 1 CD TOPICS:

110 Challenges and Opportunities When the Whole World Is Our Family – The Lenna Frances Cooper Memorial Lecture
112 A Simple Act Can Change the World
141 Minding Your Business: The Facts for Starting a Private Practice
143 Ethics and the Scope of Dietetics Practice: Practical Applications
145 Impacting Children's Health through School Wellness Policies
146 Improving the Lives of Older Adults through the Older Americans Act
158 Developing Healthy Eating Patterns in Hispanic Infants and Toddlers
162 Successfully Managing Polycystic Ovarian Syndrome
180 Something New to Chew On: Research Goes beyond Oral Health
183 Anthocyanins and Flavonoids: Cancer Prevention Potential?
194 Genomics and Nutrition: Intersection 101
214 Update: MNT and Pending Medicare Legislation
216 Lifestyle Strategies to Promote Lifelong Weight Management: From Evidence to Practice
220 Beyond Calcium: Isoflavones, Vitamin D and Omega-3 PUFA Hold Keys to Bone Health
226 "Oh, No Thank You" Multicultural Do's and Taboos
244 Identifying Trends and Opportunities for Improving the Healthfulness of Restaurant Meals
257 New or Seasoned Professionals: Reach Your Potential through Involvement in ADA
260 Change Agents: Improving Nutrition by Making a Grassroots Difference
263 What about My Generation!
267 The Dietary Reference Intakes for Energy and Protein in Pediatrics: The What? Why? And How?
270 Our Students and Staff Can Too Write and We Can Show Them How
276 Don't Tell Me, Coach Me: Using Coaching to Improve Nutrition Counseling
277 Close Encounters of the Bariatric Kind in the Rehabilitation Setting
280 Overweight Kids: What's Really Happening Inside
285 Health Literacy: Communicating Effective Verbal and Written Nutrition Messages
288 Assessment and Application of the Glycemic Index
290 Please, Make it Easy to Use MNT Guidelines and Other Nutrition Care Process Model Tools
304 Nourishment in Palliative and Hospice Care: The Symbolism and Meaning of Food
307 Science-based Tools To Put the 2005 Dietary Guidelines for Americans into Practice
308 The Science Supporting the 2005 Dietary Guidelines Advisory Committee Report
473 Nutrition Diagnosing and Nutrition Care Process: Implementation and Beyond

'05 DAY 2 CD TOPICS:

111 Globesity – The 2005 Presidents' Lecture
147 HIV/AIDS: Exploring the Ryan White CARE Act and the Impact of the Disease on Minority Populations
152 Impact in the Aisles: Reaching Consumers in Supermarkets
161 Protecting, Promoting and Supporting Breastfeeding: Is it my Job?
166 Telephone-based Interventions: Cutting Edge Options
190 Talking about Physical Activity: What Is the Dietetics Professional's Role?
193 Get on The Brand Wagon!
221 Thermogenesis: The Silent Source of Fuel
235 Military Dietitians' Responsibilities in Humanitarian Assistance/Support Missions
246 Emerging Role of Protein for Improved Function and Health
248 When Children Won't or Can't Eat: Understanding Feeding Disorders in Young Children
250 Dietary Supplement Use in the USA: Who's Using What and Why
271 Managing Your Career towards Business and Industry
272 Phytochemicals to the Rescue in Cellular Warfare
279 Chronic Disease and Food Access: Dietetic Education and Practice Applications
284 Nutritional Neuroscience: Having a Positive Impact on ADHD and Autism
268 Motivating Forces: Combining Positive Attitudes and Negotiation Skills for Career Success
286 Obesity Treatment: Show Me the Money
299 Application of the Nutrition Care Process in a Trauma Hospital
309 Hula, Language and Culture of Hawai'i
311 The Latest in Hyperlipidemia and CHF: What's the Evidence for MNT?
474 History, Culture and Health Disparity

'05 DAY 3 CD TOPICS:

115 Give Me A Break
136 Hidden Costs of Super Sizing: How to Address Large Portions
151 Pitching Newsworthy Stories to the Media
157 Dietary Supplements and Ergogenic Aids: Lessons from a Sports Nutritionist
171 Teas: Traditional Beverages or Functional Foods?
186 Epigenetics: Cutting-edge Science in Maternal and Fetal Nutrition
191 Using a National Database for Today's Foods
218 Getting Acculturated to Cultures: A Review of Probiotics in Clinical Practice and Preventive Therapy
230 Fruits, Vegetables and Weight Management: The Evidence
237 Closing the Gap with Nutrient Dense Whole Grain Foods
254 Guide to the Hispanic Food Market: Skills for Dietetics Professionals
255 The Role of the Dietetics Professional in Basal-bolus Insulin Delivery
265 Eat and Run, Walk or Sit? Exercise Alternatives for People with Disabilities
266 Cuisine of Discovery: Foods that Fueled Lewis and Clark
273 Better Together: Effective Nutrition and Physical Activity Interventions for Seniors
275 Open Wide: A Practical Look at Oral Exams
278 Wound Care and Nutrition Update: Guidelines for Long-term Care
282 The Interview Process: Finding The Right Fit to Complete Your Puzzle
289 Metabolic Changes in the HIV/AIDS Patient of 2005
310 The Secret Ingredients in Menu Planning
591 ADA Compensation and Benefit Report
635 Time for a Change: The 2005 IOM Report on Revising WIC Food Packages

2006 FNCE TOPICS

'06 DAY 1 CD TOPICS:

126 Freedom from Want: The Human Right to Adequate Food
127 Cracking the Code: Billing Potential Beyond Medical Nutrition Therapy
138 Ride the Wave of Home Nutrition Support
142 Specialized Standards and Scope of Practice in Nutrition Support and Diabetes Applications
143 Intestinal Failure: Translating Science into Effective Quality Care
144 The Glycemic Index: Research or Clinical Tool
151 Diet, Genes and Cancer: The Multiethnic Cohort
168 You've Got Male! Healthy Strategies for Preventing the Early Deletion of Your Man
169 Nutrition, Physical Activity and Cancer: What You Need to Know Now
171 Learning from Losers: New Findings from Adult and Adolescent Weight Maintainers
182 Cultural Contexts of Obesity in African Americans: Implications for Research and Practice
188 2005 American Heart Association Dietary Guidelines for Adults and Children
207 What You Need to Know about Multivitamin and Mineral Supplements
210 E Ola Pono: Building Healthy Lifestyles through Hawaiian Foods, Culture and Wisdom
238 What Dietetics Professionals Can Do about Pediatric Overweight: School and Community Interventions (Part 1)
239 What Dietetics Professionals Can Do about Pediatric Overweight: Clinical Interventions (Part 2)
243 Nutrition Diagnosis: Making It Work for You
246 Developing Evidence-based Guidelines Using the Nutrition Care Process and Model for Bariatric Surgery
247 Navigating New Nutrition Labeling in the Meat Case
250 Chronic Illness, Data, and an Elderly Population
254 Values, Vision, Determination: Creating Success and Satisfaction in Your Career
257 Enhancing the Quality of Nutrition Education in United States Medical Schools
258 360 Degree Performance Evaluations: Changing Perspectives of Staff and Personal Development
259 Farm-to-School and Community: How Dietetics Professionals Can Get Involved
263 End-of-Life Nutrition Support: What the Dietetics Professional Should Know
267 The Traditional Hawaiian Diet: Paradise with Foods, Herbs and Supplements
269 Rethinking Perinatal Vitamin D Intake: Is the Current Recommendation from the DRIs Enough?
270 From the Training Table to Competition: Fueling Athletes for Success
273 Developing Culturally Competent Community Nutrition Obesity Prevention Programs for Adolescents
276 The Black Church: A Focal Point for Delivering Health in the United States and Canada
285 The Women's Health Initiative: Dietary Results and Clinical Outcomes
351 Making Sense of Retirement Planning

'06 DAY 2 CD TOPICS:

110 Strengthening Nutrition Services for Children with Special Needs: Meeting the Leadership Challenge
137 The Volcanic Effect of Inflammatory Mediators
145 CADE Forum: Updating the 2002 Accreditation Standards
146 How School Wellness Policies Work to Support No Child Left Behind
147 Expanded Newborn Screening: Implications for Nutrition Intervention in Inherited Metabolic Disorders

160 Nutrition Informatics: Implementing an Electronic Health Record
197 Cutting the Confusion in Calculating Calories: What the Evidence Indicates
199 Proposed Daily Values for Nutritional Labeling: What Every Dietetics Professional Needs to Know
217 Vitamin D: An Old Vitamin with New Health Implications
241 Increasing Demand by Expanding the Dietetics Professional's Role in Disaster Management
252 Omega-3 Fats in Health and Disease: Implications for Education and Practice
255 Management of Diabetes and Hyperglycemia in Hospitals: Dietetics Professionals Can Improve Care
260 Our Bodies, Ourselves: How to Discuss (or Not!) Our Size with Clients
261 Pharmacotherapy and Medical Nutrition Therapy for Weight Management: The Science and the Implications for Nutrition Practice
264 Hawaii's Melting Pot Cuisine: The Evolution from Plantation to Now
265 Nutrition Management in Pediatric Rehab: Experience from the Field
266 Guarding Our Children's Healthy Future: Nipping Obesity in the Bud
271 The Chef Who's Also a Patient: A Vegetarian's Approach to Chronic Kidney Disease
282 Using an Evidence-based Approach: Creating a Food Safe Schools Team
286 Creating A Conflict-free Environment: A Winning Formula
287 Parkinson's Disease: Dysphagia and Nutrition
288 The AMA Expert Committee Recommendations on the Assessment, Prevention and Management of Childhood and Adolescent Overweight and Obesity
289 Healing the Heart: The Importance of the Mind, the Body and the Dietetics Professional

'06 DAY 3 CD TOPICS:

163 Feeders and Growers: Tools for Nutrition Assessment in the NICU
172 Obesity in Older Adults: Should We Treat? How Do We Treat?
176 A Picture of Advanced Practice in Medical Nutrition Therapy
185 Probiotics and Prebiotics: How Can They Help Your Clients?
202 Expand Your Palette: Enhancing Onscreen Education through Color and Design
211 How Much We Eat in America: Experiences Estimating Food Intake
214 A New Method for Estimating Usual Food Intakes
228 The Dietetics Professional's Responsibility in Energy Balance and Physical Activity
233 Using Online Learning to Compete Successfully in a Rapidly Changing Environment
234 Carbohydrate, Protein, Fat: Research Offers Options for Cardiovascular Health
245 Putting Evidence-based Guidelines into Practice: Examples from Critical Illness and Oncology
251 Dietetics Professionals as Change Catalysts: Managing Change in Troubled Times
256 Developing "Plain Language" Nutrition Education Programs for Low Literacy Clients
262 Zest for Life: Nutrition and Lifestyle for Healthy Aging
268 Lifestyle Changes Can Boost Health and Survival in Breast Cancer
274 Where Have All the Foodies Gone?
655 Strategies to Advance Your Career: What Every Dietitian Needs to Know

Why Should I Donate to PADAPAC?

What is PADAPAC?

The acronym stands for the **Pennsylvania Dietetic Association Political Action Committee**. This is a fund through which PADA members contribute to candidates for state office within Pennsylvania. These funds cannot be used for federal legislators. In the PADAPAC Bylaws, the stated purpose is as follows:

The purpose of the PADAPAC shall be to promote the improvement of the health and nutrition of people by raising funds and contributing to the support of worthy candidates for the Pennsylvania General Assembly who believe, and have demonstrated their belief, in the legislative objectives of the Pennsylvania Dietetic Association.

How is money collected for PADAPAC?

Contributions must be voluntary and must be made by individuals, not corporations. PADA, which is incorporated, may provide limited administrative funds to operate the PAC. All other funds are contributions which have been acquired through check-offs on seminar registrations or dues forms, phone-a-thons, social events/meetings, and donations, such as for a silent auction.

How have PADAPAC funds been used?

Typically, PADAPAC contributes to the Senate and House Republican and Democratic Campaign Committees in order to help as many legislators as possible. In addition, if funds are available, contributions are made to the campaigns of Senators and Representatives who chair or co-chair committees involved with health, appropriations, licensure and insurance. Recently such contributions enabled us to have a presence at a fundraising breakfast for Senator Tomlinson, Chair of the Senate Consumer Protection and Professional Licensure Committee. Fundraisers such as these are usually attended by other legislators, cabinet officers, and staff of the Governor's Office. It has been through the building of relationships often fostered at these receptions that legislators have come to know dietitians and dietetic technicians and our issues.

Does PADAPAC receive any money from ADA or ADAPAC?

The PADAPAC receives no monies from ADA or ADAPAC. Detailed reports of receipts and contributions must be filed with the Department of State throughout the year.

Why is it important to raise funds for PADAPAC now?

With a major election occurring this fall, it is important for PADA to remain active with politicians. We turn down literally hundreds of requests each year because of a lack of funds.

Who is on the PADAPAC committee?

Each District is expected to recommend an individual to serve on PADAPAC. Since it is an independent entity, a Chair and a Treasurer are elected from this group.

How can I make a contribution to PADAPAC?

PADAPAC contributions may be made at any time and sent to:

PADAPAC
2040 Chestnut Street
Harrisburg, PA 17104

Contributions should be made in cash, by personal check, or through Paypal on the www.eatrightpa.org website.

Contribute \$25.00 or more and receive a red "Eat Right American" bib apron!
They make terrific Christmas presents!

Save the Date!



✍ Every 2nd Wednesday of the Month at 5:30 PM: **NEDA BOARD MEETINGS** at various sites

◆ The next NEDA Meeting will be the December Holiday Meeting.

🗨 All members are welcome to attend! Date and location to be announced. Look for an email or postcard in the mail!

◆ If you have a specific concern: Contact Maureen Dunne-Touhey (DunneTouhey@marywood.edu) to place your item on the agenda.

✍ Thursday, November 9, 2006: NEDA-Sponsored Seminar at Hazleton General Hospital (5 CEU Offered!)

✍ March 7 - 8, 2007: NEDA-Sponsored Lactation Education Training (10 CEU Offered!)

✍ April 23 - 25, 2007: ADA Public Policy Workshop, Renaissance Hotel, Washington D.C.

✍ April 29 - May 1, 2007: PADA Annual Meeting and Exhibition, Sheraton Station Square Hotel, Pittsburgh, PA

✍ September 29 - October 2: 2007 FNCE in Philadelphia, PA

You are receiving the NEDA newsletter as a benefit of being a member of the NEDA. If you have any comments on this Newsletter and/or you would like to submit an article or PSA for your facility/agency, please do so by contacting April Rudat at: aprilrd82501@adelphia.net.

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